Programme	Associate Degree in Home Economics	Course Code	HETF-203L	Credit Hours	2(0+2)
Course Title	Fundamentals of Textiles and Clothing (Lab)				

Course Introduction

The main objective of this course is to learn the basic techniques to construct a complete garment, from a basic neckline to a complete garment. Learn about the application of textile fibers according to their properties.

Learning Outcomes

On the completion of the course, the students will:
1. Construct a complete garment
2. Handle common textile fabrics and understand its characteristics

Course Contents

Week 1	Introduction to sewing machines and its parts
Week 2	Machine related problems and its solutions,
Week 3	Sewing terms
Week 4	Basic sewing procedures: Seam with reference to different fabrics Discussion on Project (Kurta and Churidar Pyjama)
Week 5	Basic sewing procedures: Seam finishes with reference to different fabrics Measurements of Kurta and its calculations
Week 6	Construction of necklines with shaped facings Drafting of Kurta
Week 7	Construction of necklines with bias facings Cutting of Kurta on fabric
Week 8	**Mid Term**
Week 9	Stitching of Kurta
Week 10	Finishing of Kurta
Week 11	Attachment of buttons Measurements and Calculation of Churidar Pyjama
Week 12	Attachment of zippers Marking of Churidar Pyjama
Week 13	Attachment of snap fasteners Cutting of Churidar Pyjama
Week 14	Stitching of Churidar Pyjama
Week 15	Compilation of Portfolio (Basic Stitching Techniques and Weaves)
Week 16	**Final Term**

Text Books and Reading Materials

Clifford L. B. (2013).The Sewing Machine Master Guide: From Basic to Expert
Smith & Alison V. (2012). Dressmaking : The Complete Step-by-step Guide to Making Your Own Clothes
Antonio D. (2023). Fashion Patternmaking Techniques Vol 1.

Teaching Learning Strategies

Lecture-based learning through lectures and presentations.

Group learning through Group presentations.
Individual learning- through Quizzes and Assessments